



TRAFFORD EDUCATION CATERING SERVICES

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily
MAIN MEALS	Breaded Salmon with Lemon	Cottage Pie	Turkey Breast & Gravy	Beef Lasagne	Harry Ramsden Fish Portion
Filled Jackets - Served with Side Salad	Assorted Fillings Tuna Mayo, Beans, Cheese	Assorted Fillings Tuna Mayo, Beans, Cheese	Assorted Fillings Tuna Mayo, Beans, Cheese	Assorted Fillings Tuna Mayo, Beans, Cheese	Assorted Fillings Tuna Mayo, Beans, Cheese
OPTIONAL MAIN MEAL	Tomato and Basil Pasta	Vegetarian Cottage Pie	Cheese Whirls	Vegetable Ravioli with Creamed Potatoes	Chicken & Sweetcorn Pie
VEGETABLES	Baked Beans, Peas	Carrots or Sweetcorn	Broccoli or Cauliflower	Peas or Carrots	Sweetcorn or Mushy Peas
CARBOHYDRATES	Diced Potatoes		Roast or Creamed Potatoes	Garlic Bread	New Potatoes or Oven Chips
SWEETS	Yoghurt, Fresh Fruit, Apple Crumble	Yoghurt, Fresh Fruit, Small Iced Cake	Yoghurt, Fresh Fruit, Fruit Jelly	Yoghurt, Fresh Fruit, Paris Sandwich & Custard	Yoghurt, Fresh Fruit, Chocolate Fudge Brownie



This menu has been analysed and meets the required Government Nutritional Standards

PLEASE NOTE: The OPTIONAL MAIN MEAL is at the discretion of the Headteacher and in liaison with the Catering Department

