

## Trafford Sunrise Parent Workshops May 2021

- Are you a parent based in the Trafford area with a child aged 5-12 years?
- Would you like some advice, information, and resources to support your child?
- Do you want to meet other parents facing similar issues?



**Our parent workshops aim to help you to support your child regarding anxiety, bullying, behavioural problems and other emotional health and wellbeing topics.**

**You need to be a Trafford Resident to participate in this workshop.**

### Anxiety

Wednesday 5<sup>th</sup> May  
10:00 am – 11:30 am

Register in advance for this meeting:

<https://zoom.us/meeting/register/tJUUpduqgqj4jGtFXmTFpAuQ9fVfKHIDo4MtD>

*Make sure to register early as there are limited spaces.*

