

Trafford Sunrise  Just Psychology **Mental Health
and Wellbeing**

Trafford Sunrise Parent Workshops May 2021

- Are you a parent based in the Trafford area with a child aged 5-12 years?
- Would you like some advice, information, and resources to support your child?
- Do you want to meet other parents facing similar issues?



Our parent workshops aim to help you to support your child regarding anxiety, bullying, behavioural problems and other emotional health and wellbeing topics.

You need to be a Trafford Resident to participate in this workshop.

Behavioural Difficulties

Wednesday 19th May
5:00 pm – 6:30 pm

Register in advance for this meeting:
<https://zoom.us/meeting/register/tJAtfutrj8rGdLBibfQqn0J61pmCPTvGD9N>

Make sure to register early as there are limited spaces.

